

"Listening to the Voice of Wisdom " ^ח Ashrei Adam

Rabbi Shefa Gold

אַשְׁרֵי-אָדָם שֹׁמֵעַ לִי

Ashrei adam shomay-a li

Happy is the one who listens to me. (8:34)

Ashrei adam, shomay-a li, shomay-a li (2x)

Higher

Ashrei adam, ashrei adam, shomay-a li (2x)

In *Mishle*, The Book of Proverbs, we are introduced to a great and powerful feminine archetype whose name is *Chochma*, Wisdom. She was there when the Earth was created and she speaks to us through the majesty of Creation. She is the Great Mother that delights in our existence, yet also warns us that when we sin against her, we destroy your own souls. She asks for our love and daily attention.

This chant is designed to help us open to the voice of *Chochma*; to become attentive to her presence and message every day as she speaks through the Natural World.